

Prostate Cancer in Michigan: Improving the Quality of Life for Prostate Cancer Survivors

What You Need To Know About Prostate Cancer...

- Prostate cancer has been the most frequently diagnosed cancer in Michigan since the late 1980s.
- Prostate cancer was the 2nd leading cause of cancer deaths in Michigan men in 2004.
- Prostate Cancer Statistics in Michigan:

	Men
Deaths, 2004	967
New Cases, 2003	8,119

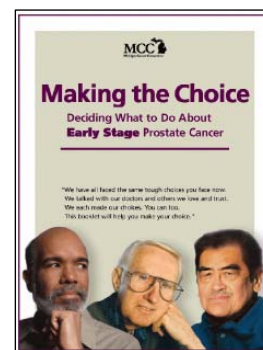
- Michigan ranks 21st highest in the nation in prostate cancer deaths.
- There are more than 81,000 prostate cancer survivors in Michigan.

How Prostate Cancer Differs from Other Cancers...

- It's not clear whether prostate cancer screening will improve a man's chance of survival. Many doctors believe it will help, but not all doctors agree. The reasons are as follows:
 - Prostate cancer can be aggressive, growing quickly, and spreading to other parts of the body, eventually causing death if not treated.
- OR
- Prostate cancer may be slow growing and stay in the prostate where it causes few if any problems and does not affect the individual's lifespan or quality of life.
- Because of these issues, men must decide whether or not to get tested for prostate cancer.

Michigan is Helping Men Make Informed Decisions Regarding Prostate Cancer Treatment...

- If prostate cancer is found in the early stage, men may have a choice of the type of treatment they will receive.
- To help men make the decision regarding prostate cancer treatment, the Michigan Cancer Consortium (MCC), through a network of prostate cancer experts, has developed a website and set of materials explaining the prostate cancer treatment choices.
- *Making the Choice: Deciding What to Do About Early Stage Prostate Cancer* is available in booklet, audio, and web-based formats and is free of charge to Michigan residents. The booklet and audio formats can be ordered by calling 800-249-0314 or visiting www.prostatecancerdecision.org.
 - The booklet is available in English, Spanish, and Arabic.
 - Since 2003, over 24,000 booklets have been distributed in Michigan.
 - 36 states (including D.C.) and 2 countries (Canada and India) have requested the booklet.
 - Nearly 4,000 booklets have been downloaded from the website since 2004.
 - Website received national attention in August 2006 Associated Press article.
 - *"More people should be aware of this site. I just received the results of a blood test yesterday that indicated I had an elevated psa (5.3). Today the BUFFALO NEWS had an article on prostate cancer that included your web site. I can't thank you enough for the information you have provided me."* – quote from a man who visited the website.



Michigan is Planning to Help Both Providers and Patients Learn More About Prostate Cancer Survivorship Issues...

- Over the next few years, the MCC will develop guidelines to help primary care providers understand how best to take care of men who have survived prostate cancer, including how to manage the lingering effects of the cancer or its treatment.
- The MCC will also develop materials for men and their families to help them find appropriate resources and to continue to live healthy lives.