



"Stress Therapies" Evaluation

1) Did the program meet your expectations? Yes or No
Explain?

2) What was the most interesting part of the program?

3) Please rate the program on the following, using a scale from
1-5?

(1=very poor; 5=excellent)

The content of the program material	1---2---3---4---5
The knowledge of the material presented	1---2---3---4---5
The enthusiasm of the presenters	1---2---3---4---5

4) What other program topics would you be interested in for
the future?

5) Any additional comments?

Thank-you for your participation!

