



# HEART HEALTHY YOGA CLASS

**Thursday, February 25, 2010**

River Raisin Room  
12 o'clock noon to 1 p.m.



- ♥ Reserve your spot by calling Teresa (X5203)
- ♥ A minimal donation (\$2 - \$5) would be appreciated
- ♥ Wear comfy-work clothes to class AND bring a towel/blanket to keep your clothes clean (floors can be dirty)
- ♥ Taught by Patty Kempf - 20+ years of experience in teaching yoga.

**SEE YOU AT CLASS!**