

## **Minted Honeydew Cooler**

**Serves: 4**

### **Ingredients**

3 cups cubed honeydew melon	2 Tbsp honey
1 cup unsweetened pineapple juice	2 Tbsp fresh mint leaves
1 cup crushed ice	

### **DIRECTIONS:**

Combine all ingredients in blender or food processor and puree until smooth. Pour into 4 glasses and garnish with additional mint, if desired.

**Makes 4 servings**

**Per Serving:** Per serving: 110 calories, 0 g total fat (0 g saturated fat), 28 g carbohydrate, 1 g protein, 1 g dietary fiber, 25 mg sodium.