Useful Resources on Trauma-Informed Care

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Useful Websites

General Information
The National Center for Trauma-Informed Care: http://www.samhsa.gov/nctic/
International Society for Traumatic Stress Studies: www.istss.org
The National Center for Posttraumatic Stress Disorder: www.ptsd.va.gov
ACES Too High News: http://acestoohigh.com

Mental Health
Dialectical Behavior Therapy: http://behavioraltech.org/resources/whatisdbt.cfm
Acceptance and Commitment Therapy: http://contextualpsychology.org/act
Association for Behavioral and Cognitive Therapies: http://www.abct.org
Virtual Reality Treatments: http://ptsd.about.com/od/treatment/a/VRexposure.htm

Issue-Specific Support
Veterans: http://www.afterdeployment.org
VA Internet Website: www.mentalhealth.va.gov/msthome.asp
Information for Veterans: http://www.va.gov/
Information for Returning Service Members: http://www.oefoif.va.gov/
End Violence Against Women International: http://www.evawintl.org/
Rape, Abuse and Incest National Network: http://www.rainn.org/
The National Center for Victims of Crime: http://www.ncvc.org
National Domestic Violence Hotline: http://thehotline.org
The National Child Traumatic Stress Network: http://www.nctsnet.org/

Contacting a Therapist Trained in PTSD
http://ptsd.about.com/od/ptsdbasics/tp/txproviders.htm

References

General Overview of PTSD and Trauma
The Prevalence of Traumatic Events


Secondary Victimization (or “Re-Traumatization”)


Trauma-Informed Care


### Trauma & Health


**Mental Health**


